

BEYOND THE SLOPES

Verbier 4 vallées



Another Side of Winter: Discover Verbier Without Skis

Not everyone comes to the mountains for the pistes. Some come for the stillness. Others for the thrill of the unexpected — the whoosh of a paraglider over snowy peaks, the quiet satisfaction of fondue shared on a glacier.

In Verbier, winter reveals itself in many ways. Through forest snowshoe trails, heli-picnics on untouched ice fields, alpine wellness rituals, dog sled rides, and panoramic hikes few ever notice.

This is a guide for those who move differently. Non-skiers, slow seekers, and adventurers alike. Whether you're floating above the mountains or sinking into a holistic massage, there's more to explore here than you might imagine.

**The pistes are only part of the story.
Let us show you the rest.**





Alpine Adventures Beyond the Slopes

Dog-Sled Excursions - Taki Trek

Perfect for families and children, this enchanting experience lets you glide behind a team of huskies from Les Ruinettes to La Chaux – a scenic trail lined with panoramic views of snow-draped peaks. With a professional musher guiding the sled, little ones can meet the dogs and feel the thrill of Arctic-style travel in the heart of the Alps.

Sledging from Savoleyres to La Tzoumaz

Race down one of Switzerland's longest toboggan runs – a 10 km thrill ride from Savoleyres to La Tzoumaz. With panoramic alpine views, forest curves, and plenty of laughter, it's perfect for families and kids (sledges available at the top). A must-do adventure beyond the ski slopes.

Paragliding with Verbier Summits

Soar above snow-capped peaks with Verbier Summits on a tandem paragliding flight – no experience or fitness required. Launching from the mountains, you'll glide peacefully down to the valley floor, taking in breathtaking alpine views. A safe, unforgettable way to see Verbier from an entirely new perspective.

Ziplining at Mont Fort

Experience pure adrenaline as you launch from the summit of Mont Fort at 3,300 metres on one of Europe's highest zip lines. Fly above glaciers and ridgelines with breathtaking views of Mont Blanc and the Matterhorn. A high-altitude thrill that's as scenic as it is exhilarating.

Helicopter Tours

Take your alpine adventure to new heights with a panoramic helicopter tour over Verbier and the 4 Vallées. Choose from scenic flights, mountaintop lunches, or the ultimate luxury: a heli-glacier picnic. Looking for something unforgettable? Fly to Zermatt and take in breathtaking views of the iconic Matterhorn.

Verbier Ice Rink

Located in the heart of the village, Verbier's open-air ice rink offers a charming winter experience for all ages. Glide beneath twinkling lights, warm up with a vin chaud from the café, and soak up the festive alpine atmosphere. A perfect afternoon activity for families, couples, or friends.

Alpine Wellness

1. The Verbier Touch

Expert massage, physiotherapy, acupuncture, yoga, and stretch therapy from Verbier's most trusted wellness team. Available in-studio or in the comfort of your chalet. Ideal for post-ski recovery or deep relaxation.

2. Inspire Studio

A serene space offering yoga, reformer pilates, aerial yoga, sound healing, and private fitness. Classes take place in-studio or in-chalet, with experienced instructors focused on mindful movement and restoration.

3. Renew - Swiss Holistic Beauty

At Renew, relax into deeply personalised treatments. From therapeutic massage, spiritual energy journeys, facials (including HAURA technology), to manicures and pedicures, all delivered in a nurturing salon or in-chalet setting. Holistic, elegant and restorative

4. Verbier Le Spa

Located next to the main ski lift, this 1,300 m² spa is perfect for unwinding after a day on the slopes or mountain trails. Enjoy a heated indoor-outdoor pool, sauna, steam rooms, Jacuzzi, and expert treatments in a stylish, serene alpine setting.





Culinary Experience

Heli-Glacier Picnics with Kando

Fly by helicopter to a remote glacier high above Verbier, where a private alpine picnic awaits. Curated by Kando Events, this once-in-a-lifetime experience includes gourmet food, fine wine, and panoramic solitude – perfect for celebrating a special occasion or simply enjoying the mountains in their most untouched form.

1. Melted Gold: A Raclette Rendezvous at Laiterie de Verbier

Roll up your sleeves and step into one of Verbier's most delicious traditions. At the Laiterie de Verbier, you'll join a local cheesemaker to learn the age-old craft of raclette – from stirring fresh alpine milk to melting your own golden wheel. This hands-on experience is rich in flavour, history, and alpine charm.

2. Mountain Thyme Cooking Classes

Join a professional chef for a private or group cooking class with Mountain Thyme, where you'll prepare elegant seasonal dishes and enjoy a delicious meal in the comfort of your chalet.

3. Mountain Fondue at a Restaurant

Dine at altitude with a traditional fondue in a cosy mountain hut – top picks include Cabane Mont Fort, La Marmotte, or Le Dahu for hearty alpine flavours paired with breathtaking views.



* See Full Culinary Guide for Top Verbier Restaurants



Explore Verbier on Snowshoes

Discover Verbier's peaceful side on foot with well-marked snowshoe trails for all levels, or explore further with a local guide who can lead you to hidden alpine gems.

1. Les Ruinettes to Cabane Mont Fort (via La Chaux)

Distance: 4 km (one way)

Duration: 3 hours round-trip

Difficulty: Easy to Moderate – wide, groomed path with gentle climbs at altitude

Highlights: Begin at Les Ruinettes (accessed by gondola from Médran), snowshoe through the open alpine plateau of La Chaux, and continue onwards to Cabane Mont Fort, perched at 2,457 m.

Lunch Stop: Warm up with a traditional cheese fondue or hearty alpine dish at Cabane Mont Fort, a rustic hut known for its panoramic terrace and welcoming atmosphere.

2. Sentier des Chamois

Distance: 12 km loop

Duration: 4–4.5 hours

Difficulty: Moderate+ – longer ridge trail with varied terrain

Highlights: Begins in Verbier and loops through alpine ridgelines with expansive views toward Col Termin. A wilder, more immersive experience for fit walkers.

Pro Tips: Dress in layers and bring water/snacks. Best done in daylight hours with proper winter gear.

3. Sonalon to Mayen du Bry to La Croix de Coeur (Loop)

Distance: 6 km loop

Duration: 2–3 hours

Difficulty: Moderate – rolling forest paths with gentle climbs

Highlights: Starts at Le Sonalon above Verbier, passes traditional hamlets like Mayen du Bry and Les Planards, finishing at La Croix de Coeur with panoramic views.

Pro Tips: Great morning walk. Stop at Le Sonalon Restaurant before or after for a cozy alpine meal.

4. La Marlène to Perin via Bisse Trail

Distance: 7.4 km

Duration: 3.5–4 hours

Difficulty: Moderate – gentle elevation across forest and meadow

Highlights: A varied trail through quiet woodlands and snowy pastures with occasional clearings offering stunning valley views.

Pro Tips: A great option for snowshoe first-timers with good fitness. Pick up a trail map or GPX track from the Tourist Office.



Pedestrian Lift Pass & Alpine Walks

1. Les Ruinettes to La Chaux

Meet Skiers in La Chaux

Distance: 2.3 km (one way)

Duration: 1- 1:15 hour round-trip

Difficulty: Easy – wide, groomed path at 2,200 m altitude

Highlights: Starts at Les Ruinettes (reachable by gondola from Médran station).

Enjoy Lunch at Le Dahu Restaruant in La Chaux, offering sweeping views of Mont Grand Combin and the Rhône valley.

Pro Tips: Ideal glove-and-boot grippers recommended for icy patches.

2. Les Creux to Le Château

Distance: 2–3 km (one way)

Duration: 45 minutes

Difficulty: Easy - a firm, well-marked winter footpath through forested slopes

Highlights: Begins at the Les Creux sector above Verbier, winding gently through woodland.

Finishes at Le Château de St Christophe

Trail Features

Quiet, shaded route in lower forest elevation.

3. Perin to Les Planards

Distance: 3–4 km (one way)

Duration: 1 hour

Difficulty: Easy – gentle, rolling terrain across a plateau above Verbier

Highlights: Starting from Perin/Crettaz, gently ascending toward Les Planards.

Terrace views of the Alps and Bagnes valley, rural alpine feel.

Trail Features: Well-suited for strollers or young children, with minimal elevation gain and quiet scenery. Possible to combine with Sonalon or Château walks as part of a half-day winter walking itinerary.



