

BEYOND THE SLOPES

MÉRIBEL 3 VALLÉES



Another Side of Winter: Discover Méribel Without Skis

There's a version of a Méribel week that never touches a ski boot. A paraglider drifting over the valley. Fondue in an igloo under the stars. A horse-drawn sleigh gliding through the forest at the Altiport.

This is a guide to that week: mountain restaurants worth the walk alone, wellness built around a day on snow, and everything in between. Whether or not skis come into it, there's more here than the piste map shows.

The pistes are only part of the story, let us show you the rest.



Alpine Adventures

Horse-Drawn Sleigh Rides

A sleigh ride through the forest at the Altiport, just outside Méribel.

A slower, quieter way to take in the scenery.

Tandem Paragliding from the Altiport

Launch from Méribel's own Altiport for a tandem flight over the 3 Vallées. No experience or fitness required. A quiet, entirely different way to take in the scale of the valley below.

Skidoo Excursions

Guided snowmobile routes through the mountains around Méribel, with evening tours available for anyone wanting the valley lit up under snow after dark.

Horse Riding in the Snow

A short lesson in the riding ring first, getting to know your horse and the basics, then out through the trees with a qualified instructor and a small group, heading toward Lac de Tuéda. New to riding or not, it's a different way to see the mountain, at a horse's pace rather than on skis.



Alpine Adventures

Méribel Ice Rink

An open-air rink in the heart of the resort. Skate beneath string lights and warm up with a vin chaud from the café alongside.

Black Forest Mission

Tobogganning for big kids - A 3.4km toboggan run through the forest at Tignes, with a 470m vertical drop and 28 bends.

Doron and Altiport Tobogganning

Two enclosed, gentle sledging slopes, set apart from the ski runs and designed specifically for young children.

Tobogganning by Head Torch

An evening Tobogan session on the Little Himalaya run in Méribel-Mottaret. The Combes chairlift takes you up to Yeti Park, then it's roughly 2km back down under the stars, with hot chocolate at the bottom.





Alpine Wellness

Parc Olympique

Méribel's central sports and leisure complex: indoor pool, climbing wall, ice skating, bowling, fitness classes, and a spa, all under one roof. The easiest option for a mixed group with different ideas of a good afternoon.

Reformer Pilates

A Pilates Reformer session built around core strength, alignment, and precision, guided by an expert instructor and tailored to your needs.

Pilates: Antarès Wellness

A mat Pilates class focused on core strength, posture, and flexibility.

Yoga

A yoga programme spanning gentle, meditative styles through to more dynamic, strength-building





Explore Méribel on Snowshoes

Alone or in a group, Méribel's snowshoe trails cover everything from a gentle first outing to a multi-day trek. A handful of ways in:

A Half-Day Outing (2-2.5 hours)

A signposted, waymarked snowshoe route through the Plan de Tuéda nature reserve, looping around the frozen lake with one climbing section. Starts at Plan Ravet car park in Méribel-Mottaret, minimum age 8, with the option to extend to the summit of Mont Vallon by gondola.

Lunch Stop: Buvette de Tuéda sits on the shore for a hot drink or lunch along the way.

Raquet's Évasion: Tailor-Made Snowshoe Walk

A private, guided snowshoe walk for a family or small group, with pickup from your accommodation. The guide picks a fresh route each day rather than working from a fixed itinerary, aiming for the mountain's quieter, less-trodden corners.

Kids exploration for Animal Tracks

A half-day snowshoe excursion for ages 5 to 13, hunting for animal tracks, learning mountain survival skills, orienteering, and finishing with an igloo party. Novices and budding experts alike come home with their heads full of memories.

Fondue in an Igloo, by Snowshoe

An hour's snowshoe climb through the Altiport forest, lit by the soft glow of the moon and headlamps, to the igloo, where your guide prepares a local cheese fondue, Savoie wine or a non-alcoholic beverage.



Restaurant by Foot

Le Blanchot

Set near the Altiport and reachable by road rather than skis alone, Le Blanchot is the natural meeting point for skiers and non-skiers alike. A fireplace looking out over planes taking off from the Altiport, a daily menu from the chef, and a Beaufort tart as the signature dish.

Le Clos Bernard

Tucked into the Altiport forest and reachable by ski or on foot, Le Clos Bernard is the kind of place you feel lucky to know about. Fresh local produce, grilled meats over the fireplace, and homemade regional dishes. Warm, and genuinely off the beaten track.

The Lac Tuéda Circuit

A scenic loop around the frozen lake, flat enough for every ability and one of the most photographed corners of the valley in winter. Buvette de Tuéda sits right on the shore, the smell of cheese greeting you before you're even through the door, for a hot drink or lunch along the way.





